

May 2020



Canning Garden Methodist Church

FAMILY FOCUS

**GROWING DEEPER IN CHRIST,
IMPACTING &
TRANSFORMING LIVES !**

I set My rainbow in the cloud, and it shall be for the sign of the covenant between Me and the earth. It shall be, when I bring a cloud over the earth, that the rainbow shall be seen in the cloud; and I will remember My covenant which is between Me and you and every living creature of all flesh; the waters shall never again become a flood to destroy all flesh. **16** The rainbow shall be in the cloud, and I will look on it to remember the everlasting covenant between God and every living creature of all flesh that is on the earth."

Genesis 9:13-16



**HAPPY
MOTHER'S
DAY!!!**

Love, CGMC KIDS

MOM

MESSAGE from the Editor...

Shalom brothers and sisters in Christ,

The year 2020 has been an eventful one till date. The world witnessed the unfolding of an unknown and deadly virus. It is a threat which knows no creed nor colour. Its spread was swift like wild fire, reaching globally across nations in a matter of days. We now call it COVID-19.

This prompted many governments including our own to enforce societal lockdown in an attempt to break the chain of infection. This was called Movement Control Order (MCO), something which probably resembled the state of emergency in our country several decades ago. For me, this was an entirely new experience.

The initial stage of MCO was filled with uncertainties. Information about the virus was scanty and there is no vaccine or cure. Being a healthcare worker, I had to continue serving in the hospital, a place considered most undesirable to be in during an outbreak. I was not spared from the fear of contracting the virus. This was particularly so when a patient in my ward, whom I had contact with, tested positive for the virus. The fear of death was imminent especially during the period of self isolation as I waited for my own test result. I also feared that I had unknowingly exposed my family members to the disease. Those few days felt like eternity.

I came to realise how vulnerable life is and how powerless humans can be. I prayed and was comforted by Psalms 91 which says that God is my refuge and fortress whom I trust to save me from the deadly pestilence. Indeed, it was a great relief when my test results came back negative. Praise God for His deliverance!

At this time, the fight against COVID-19 has not ended. Nonetheless, my trust will be in the name of the Lord Jesus to protect and keep me from harm. Amen!

I am also thankful that God has provided us with a dedicated multimedia team who has worked hard to enable the congregation to commune with God weekly, albeit virtually. God has also granted us technology to keep in touch with our fellow CG members via Zoom meetings. It is good to encourage one another in our walk with Christ as we journey through this period of physical isolation. I am also looking forward to the day we can once again meet up in church and meetings without any restrictions. Let us hold fast to our faith in Christ as stated in

"Let us hold fast the confession of our hope without wavering, for He who promised is faithful. And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching." Hebrews 10:23-25



CANNING GARDEN

Methodist Church

Worship Celebrations

SATURDAY

08:00pm English

SUNDAY

08:45am English

09:00am Chinese

10:30am Bahasa Malaysia

Sunday School (*English*)

Sunday School (*Chinese*)

03:00pm Youth Fellowship (*English*)

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About Family Focus...

Family Focus is published 3 times a year (in January, May & September) under the Membership & Evangelism (M&E) Committee of CGMC, Ipoh.

It seeks to fulfill the church's theme of "Growing deeper in Christ, Impacting and transforming lives" by sharing Christ with each other and strengthening the community of Christ through writings and testimonies.

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We welcome you to submit your articles & testimonies to us for the coming issues.

Each article should preferably be less than 1500 words and can be submitted to any of the editorial team members above, to the church office or emailed to **cgmcpoh@gmail.com**.

All articles should be accompanied by the author's full name, contact number and cell group where applicable.

We reserve the right to edit the articles, keep the articles for subsequent issues, or withhold the articles from publication.

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MESSAGE from Rev. Dr. Andrew Tan

It has been quite a journey for all of us during this MCO. We were locked in for 12 weeks before the Recovery MCO gave us greater freedom. But I pray that we have not “wasted Covid-19.” I believe that God has a purpose for us: He wants to tell the world to turn to Him and to purify His Church. My prayer for CGMC has been that we will be deepened in our faith since during our lock-in we cannot look around but only look up. I trust that you have spent more time in the Word and in prayer, and that this has helped you to be more focused on the Lord. I also pray that we return to our “new normal” stripped of our non-essentials of life, and more robust in our spiritual life.

This MCO has forced me to make some changes to my sermons. The pandemic was a big concern to the entire world, and at least two of the sermons entirely reflected that. The first on Isaiah 41:10 was to reassure us that the Lord is with us! Then the second sermon on Romans 8: 18-23, 28-39 was to help us make sense of what God is doing in the pandemic. Before the MCO due to the shifting political situation, I went on to preach on the book of Habakkuk, and later on the book of Daniel. I managed to do all of that by preaching to my camera on my handphone!! I trust that the series on Covid-19 and Habakkuk and Daniel have been helpful for us during this season.



REV. DR. ANDREW TAN

Pastor-in-charge
Canning Garden Methodist Church

Praise the Lord, too, that during this MCO, our leaders and members have been able to pull ourselves together. We manage to gather together with online worship services. We have also been able to be online in our CGs, our Bible studies and our Morning Watch. We thank the Multi-media team people who have worked especially hard to put up the worship services and helped us learn to communicate with the new technologies. I want to thank our ZL and CL who have helped to keep in contact with their members. I also want to thank all the leaders in our church who have to meet more often than usual to make decisions along the way.

One of the challenges for me during this MCO was to keep in touch with church members. I have tried to stay in touch with members by attending their CG meetings more often than usual. I have also called up members who were not attending any CG meetings. A month into the MCO, I wrote and shared my devotion daily to keep in contact with church members.

One important observation I made during this MCO is this. When changes take place, like what we were thrown into during this MCO, we need to be adaptable to cope. If our mindset says that we cannot change because we are not familiar with the new scenario, we disadvantage ourselves. Irrespective of age, if our attitude says that we can learn, we will be able to adapt to the new situation and benefit from there.

Praise the Lord for seeing us through during the MCO. We are not completely out of it yet. We are still in MCO, although a Recovery MCO! As we prepare to open our churches, we will have to observe all the SOP. We have to adjust to the “new normals.” We will slowly find out what they are, but whatever they are let us learn to adapt to them.

MESSAGE from Rev. Richard Leow

Roma 13:1-14

Tujuh Pelajaran Menjadi Rakyat yang Baik.

1. Belajar untuk menjadi taat kepada Tuhan dan kepada Kerajaan yang telah ditetapkan oleh Tuhan.

Roma 13:1-2 (AVB) Setiap orang harus tunduk kepada pihak berkuasa, kerana tidak ada kekuasaan yang tidak datang daripada Allah, dan pihak berkuasa yang ada telah ditetapkan oleh Allah. Oleh itu, sesiapa yang menentang pihak berkuasa menentang peraturan Allah, dan sesiapa yang menentang membawa hukuman ke atas dirinya.

2. Belajar untuk bekerjasama dengan Kerajaan yang telah diamanahkan oleh Tuhan.

Roma 13:3-4 (AVB) Pemerintah tidak menakutkan orang yang berbuat baik, hanya mereka yang berbuat jahat. Inginkah kamu bebas daripada rasa takut terhadap pemerintah? Lakukan kebajikan, pasti kamu akan dipujinya. Pemerintah adalah hamba yang diamanahkan oleh Allah untuk membawa kebaikan kepadamu. Tetapi jika kamu melakukan kejahatan, wajarlah kamu takut, kerana pedang yang dibawanya tentu sekali untuk digunakan. Pemerintah adalah hamba yang diamanahkan oleh Allah untuk menjalankan pembalasan dengan menimpakan kemurkaan Allah ke atas orang yang berbuat jahat.

3. Belajar untuk tunduk dengan menurut hati nurani kita yang takut akan Tuhan.

Roma 13:5 (AVB) Oleh itu tunduklah, bukan hanya kerana takut dimurkai Allah tetapi juga kerana menurut hati nuranimu sendiri.

4. Belajar membayar cukai yang patut dibayar dan belajar menghormati yang patut dihormati.

Roma 13:7 (AVB) Oleh itu, bayarlah apa yang wajar dibayar kepada setiap pihak: Sekiranya cukai, bayarlah cukai; sekiranya hasil, bayarlah hasil. Dan takutilah orang yang patut ditakuti, dan hormatilah orang yang patut dihormati.

5. Belajar jangan amalkan budaya rasuah maka kita tidak berhutang kepada tekanan-tekanan daripada komplot pihak yang berbuat jahat.

Roma 13:8 (AVB) Jangan berasa berhutang apa-apa kepada sesiapa pun kecuali kasih-mengasihi, kerana seseorang yang mengasihi sesama manusia telah memenuhi hukum;

6. Mengasihi sesama manusia dengan tidak berbuat jahat terhadap sesama manusia.

Roma 13:9-10 (AVB) kerana perintah-perintah, “Jangan berzina”, “Jangan membunuh”, “Jangan mencuri”, “Jangan ingini milik orang lain” dan perintah-perintah yang lain adalah terangkum dalam perintah ini, “Kasihilah sesama manusia sebagaimana kamu mengasihi dirimu sendiri.” Kasih tidak berbuat jahat kepada sesama manusia. Oleh itu, kasih memenuhi hukum.

7. Hidup dengan teladan-teladan Tuhan Yesus Kristus dengan menjadi seperti Kristus.

Roma 13:11-14 (AVB) Kamu tahu bahawa sudah sampai waktunya kamu bangun dari tidur, kerana kini penyelamatan lebih dekat lagi kepada kita daripada dahulu, ketika kita baru beriman. Malam sudah hampir berlalu, dan siang hampir tiba. Oleh itu, lucutkanlah segala kerja kegelapan dan kenakan kelengkapan senjata cahaya. Ikutlah tingkah laku yang wajar, sebagaimana orang berjalan pada siang hari. Jangan berpesta liar dan mabuk, jauhi noda dan pencabulan, singkirkan pergaduhan dan iri hati. Kenakan Tuhan Yesus Kristus sebagai kelengkapan senjata dan jangan hidup mengikut sifat tabii untuk memuaskan hawa nafsu.



REV. RICHARD LEOW
Associate Pastor
Canning Garden Methodist

MESSAGE from Rev. Yu Chiew Song

2019年新冠肺炎疫情来得措手不及，更延烧至今，死亡和感染人数依然节节攀升，情况令人感到忧心。在世界各地引起恐慌与不安，人人尽可能做好防疫措施，避免受到病毒感染。

马来西亚首相于16/3/2020发布了针对新冠肺炎疫情的行动限制令！禁止全国范围内的群众运动和集会，包括宗教、体育、社会和文化活动。所有礼拜场所和商业场所都必须暂时关闭。

让我们在患难当前，好好抗对疫情！
顺服我国政府指令，乖乖在家团聚。
设立基督家庭祭坛，守望祷告上帝。

疫情对教会的崇拜礼仪和聚会模式，带来反思。
每周崇拜聚会的意义是什么？
甚么才是真正的聚会之崇拜？

没有了教堂里的活动，
难道我们就无法继续在生活中作主门徒？
难道我们就无法继续带领他人认识上帝？
我们就无法继续跟随主耶稣？
我们就无法继续敬拜上帝吗？

教堂的聚会活动暂停了，
不等于教会的门关闭了。
基督的教会并没有关闭，
神依然在敞开祂的恩门。



REV. YU CHIEW SONG
Associate Pastor
Canning Garden Methodist Church

教会并不是指建筑物，
而是指相信基督的信仰群体。
基督是教会的头，信徒是教会的肢体。

教堂会因战争、逼害、灾难等各种原因而被毁坏消失，
教会却是在主耶稣基督的带领下永远坚定长存。

通过这次新冠肺炎的疫情，
促进体验上帝赐予的恩典。
给了我们一些启示，
引发我们重重反思。
到底我们与上帝的关系如何？
以及我们与肢体的关系怎样？

我们习惯了，一帆风顺、平平稳稳、舒舒服服的环境。
一旦变化了，慌慌张张、忧忧愁愁、皱眉不知如何好。

一场突如其来的疫情，打破平静的生活。
盼望在疫情肆虐之时，走过煎熬的日子。
紧紧跟随上帝的脚步，宁静祷告亲近神。
不要惧怕恐慌失信心，仰望依靠神引导。

Book Review 读后感 ~ 牧师，我了解你

~ 紫珊 (Sandy)

师母知道我喜欢看书，于是从她的书架上抽出三本书借给我。其中一本是‘牧师，我了解你’，看书名我就用英文谚语来形容‘不是我那杯茶’。

翻开来，看看里面的目录，也好有趣，如‘吃’韩国梨的牛’，‘猪头肉牧师’，‘红娘牧师’，‘金发模特儿’，还有‘三个女人，三个师母’等等。。。于是我就翻开第一页来看，然后就欲罢不能的一直看下去了。

作者是李道宏牧师，他写的都是他自己的日常生活，他的事奉，他的见证，他的喜怒哀乐。如林静芝女士的书评写道‘将牧者的经历和心声，坦诚的，真实的娓娓道来。。。读时引人入胜，不忍释手。一本难得的书，是今日华人教会所需要的，深信神要重用这本书’。



以下是我从来没有想到过的重点：

- 把‘神的仆人’当着‘教会的仆人’，那是最大的不幸！
- 有快乐的牧人，就有快乐的羊。
- 难道一旦成为传道人，就有信徒所没有的抵抗力，不再犯罪吗？
- 讲道的好坏，是会友评估牧师的最重要准绳？
- 在一间好的教会里，连不够优秀的牧师也能成为卓越的牧者。
- 让我们勇于承认：‘我们也和教会外的人们一样不完美，因为’一切都是神的恩典’。
- ‘灰心’与‘热心’，对牧会的人而言，仿佛如旋转门一般，在事奉的人生中转来转去
- 倘若我们不栽培出，比我们更爱主的同工，就亏了神的托付！
- 缺乏合一，教会的精力便都消耗在猜忌，怀疑和暗斗。
- 牧师不能解决所有的问题，也不能叫所有的人都以教会为家。
- 敬重每个传道人都是神独特预备的，没有可夸的，更不应当互作比较。
- 要求师母全时间协助教会。不少教会里，仍有这种‘买一送一’的心态。
- 人们认为牧师是最靠近神的，但同时也是远离人的，没有可倾诉的好友。

我们的祷告：求神让牧者与会友能够建立更深厚的相互关系，好让牧者们在受到挫败和沮丧时，除了家人，也能够从会友得到鼓励。

THE KIDS AND US

Ching Ai Yoon (CG4)

We are already in the third extension of the Movement Control Order (MCO). Most would have somehow or other adapted to the new normal, at least my two boys have! I know my boys are pretty fond of the idea of staying at home. As for me, I am grateful that they accepted the fact that we cannot leave our home temporarily due to the pandemic. My husband and I explained to them the dangers of venturing out and the possibility of getting into contact with people who may be infected with the Covid-19. My four and a half year old son, Gabriel would repeatedly tell me: "Don't go out mummy, I don't want you to get the coronavirus" when I do leave the house to get provisions.

With so much time left in the kids' hands after home-study on weekday mornings, I found myself scratching my head thinking about activities that could occupy some of the kids' time at home. Here are some fun and interesting things we have done so far:

Meaningful Play

1. The boys are into 'building and construction' using blocks and an assortment of toys. There were moments when they would work together to build something interesting. Among their 'creations' were car racing tracks, houses and churches.



This is a drive-thru church, drawing inspiration from the pandemic where people are unable to congregate but only cars were allowed into the church compound. With a huge cross situated at the front of the building and high walls around it, cars and trucks drive in to the church compound to attend service without leaving their vehicles. Hebrews 10:25 "Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another - and all the more as you see the Day approaching." The instruction is clear that believers are not to give up meeting together. The boys miss going to church and Sunday school and they look forward to our weekly CG Zoom meetings where they get to see all the aunties, uncles and friends.

This picture is the boys' idea of CGMC with future expansion! Note the fan-shaped Shekinah sanctuary with a front stage and cross, concourse with tables and chairs, and toilets for the gents and ladies. There is a multi-storey car park equipped with a helipad at the top, and a megaship water park, perfect for our children ministry!



2. We had our fair share of Monopoly, Snakes & Ladders and Ludo board games! With monopoly, my husband and I tried to expose the boys to some financial education. As we roll the dice excitedly, snapping up properties when we 'land in a certain property', and deciding whether to build a physical structure on our property, we had the opportunity to teach them the concepts of being prudent and not to be greedy. The Bible says in Luke 12:15 "Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions."

Board games are also a good way for them to learn mathematics, e.g addition of dots on two dice, or multiplication of values to determine rental amount in Monopoly.



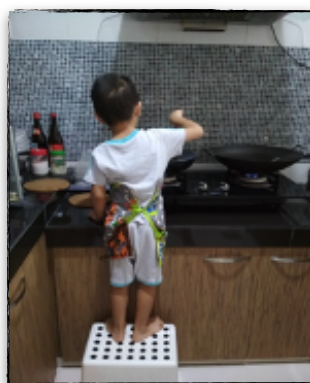
Staying away from Idleness

Proverbs 6:6 "Go to the ant, you sluggard; consider its ways, and be wise!"

1. The boys and I planted a few small onions in the hope of harvesting some spring onions for our meals at home. But alas, none of the onions we planted sprouted. Spring onions are one the most popular and easy veggies to grow on your own. And I successfully grew them way back in the past. Maybe certain planting conditions were not satisfactory. We will try planting again and hopefully be rewarded with spring onions!
2. We made pancakes for breakfast from scratch.



**Looks like
we have a
chef in the
making!**



3. Micheal and Daryl both celebrated their birthdays in March during the MCO. The boys suggested that we make a chocolate chip filled cake. If you look closely, you can see the depressions on the cake due to the chocolate chips!

Daryl had the liberty of decorating the cake with chewy fruit & snake

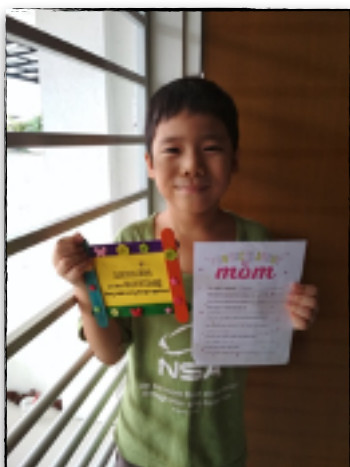


4. The boys love doing things together! We made curried samosas not once, but twice during the lockdown period. I brought the kids along with me to give some samosas to one of our neighbours so that we too may be life-giving people in our neighbourhood, as encouraged by Pastor Andrew in one of his devotional sharings.

5. Besides samosas, we also made 'batang buruk' - crispy fried popiah skin rolls in milk powder, yum yum! The boys tried their hands at rolling up the popiah skin sheets and sealing off the edges with beaten egg. We blessed our neighbours with these treats too!



6. Being eager little helpers, our boys pester me for their turn at using the vacuum cleaner and mop. Young children love helping in everyday chores. Although the end result may not be as expected or the process takes longer than necessary (I have to admit that sometimes I hesitate to let the little helpers do what they can), I believe children learn independence and responsibility when given some tasks at home from a young age.



7. We couldn't do without art and craft as well! These are good ways to engage with our children and time well spent. Much appreciation and thanks to all our Sunday School teachers for their tireless commitment in preparing CGMC Kids online videos, craft packs for Mothers' Day, for their encouragement and follow-up with the kids. We thank and praise God for them!

Daryl with his craft done on Mothers' Day

While there may be things to lament about during this MCO, I have come to realize that this may possibly be the only time in my lifetime where we are cooped up in our home with family. For me, it's a time to persevere in reading the Bible and hopefully complete it this year. It's a test of patience (for parents with young kids, you know what I mean!), it's a time to place my faith and hope in Him to guard and protect my family and loved ones. My guess is we will all remember this time fondly and with precious memories etched in our hearts.

CG 4 thoughts during MCO

CG 4

MCO has made me think that life is short and life can be taken away anytime. I became more aware of the importance of prayer and the limited things that we can do alone and the need to depend more on God. I had more time with my family but I was worried that I'll bring home the virus from the hospital. Therefore I always reminded myself to pray before work and took all the necessary precautions.

Wan Chuan



In the initial phase of MCO, I was very depressed, worried, anxious and even angry and frustrated with God especially when my husband was not at home for the first few weeks. The worship song, "Over All" by the late pastor David Cheng moved me to tears. I kept asking God why and when the pandemic will end. It felt like doomsday. The virus felt like the devil who prowls around like a roaring lion looking for someone to devour. I had many negative thought in my mind until I was burnt out mentally.

me and cared for my well being. During worship at CG the lyrics from the song "Still" comforted me, "When the oceans rise and thunders roar, I will soar with you above the storm, Father, you are the king over the flood. I will be still, know you are God."

In my prayer to God, I calmed down knowing that He will protect His people and those who love and believe in Him. God protected my husband in his high risk work environment and my children are in safe hands with my in-laws' help.

Lay Goon

We are grateful to God for his provision and blessings during the MCO. Both of us being doctors, we were so worried about contracting the virus and bringing it home, so we decided to send our 8 month old baby to our parent's place in Sitiawan. We thank God for our ever supportive and loving parents for taking care of Elijah during this period. We are also thankful to God for keeping our family safe during this pandemic.

Alex & J-Cyn





In the second week of MCO, I started to panic. I was lost & was worried about my career, my finances and my family. Thank God, he opened a way for me, and reminded me in Jeremiah 29:11 - "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." I have been able to rediscover myself and deepen the value of spending time reading the Bible and playing with my children.

Covid19 will not stop us from worshipping God, celebrate Easter and having CG online meetings at home. God has really enriched me and my family. All glory to God.

Fook Leong



The MCO was like a double whammy to me. Being a healthcare provider, I still needed to work each day. There was not more time for things at home. Instead, there were more adjustments that needed to be made given the many restrictions. Simple tasks became difficult and frustrating. On top of that, each day was filled with a bombardment of fearful messages about COVID-19. It came to a point where I no longer wanted to read or watch those videos. I thank God for sustaining me through this difficult time. He assures me through Psalms 23 that He will always guide my path and comfort me from all fears, even through the valley of the shadow of death.

Edmund



My reflections during the MCO

Cheah Kok Wah (CG28)

The current worldwide Covid19 pandemic is a blessing in disguise. It has given me time for reflection into my life, past & present. I would like to share my life with you once again.

Having come from very humble beginnings, we were living in poverty with my dad the sole bread winner, working as a clerk & feeding 7 mouths. Somehow God found us thru my dad when I was 12 & with that we welcomed our 6th sibling into this world; that made 8 of us in the family. From then on, the family started to pray regularly & worshipped at a temple in Kg. Java. Life was still a struggle.

The eldest in the family, my sister left school after Form 3, found work & helped the family survive. Then my turn came, eldest son & number 2 in the family; I was an average student, not too healthy, perhaps because of malnutrition. I left school too after Form 3, found work, earning a little allowance as an apprentice under an engineer with the Shaw Brothers chain of cinemas in Ipoh.

After years of struggle & slow gradual progress, life began to take a turn for the better. In 1964 I found employment with Rediffusion when they started operations in Ipoh. I was sent to Kuala Lumpur for training as a sound technician & TV doctor. I returned to Ipoh & became a very sought after TV technician offering excellence always with a smile. I was subsequently transferred to Kuala Lumpur. I left the Organization on KL City Day 1972.

I was 27, 15 months married & my wife was 3 months pregnant when I returned to Ipoh without a job. I spent 2 jobless weeks with my wife. We discussed our future & decided I would build my career again in the sales profession. I then joined Universal Cars as a Trainee Car Salesman & became their top sales professional in the third year. I was head-hunted & joined Century Motors, a part of the Incheape Group, as a Sales Supervisor. Later I was promoted Branch Manager & was sent to UK for Senior Management Training in the City of Bath. I played the role of a 'trouble shooter,' was sent to troubled branches throughout the country to turn them around. I usually stayed no more than 20 months in a branch & moved on.

My god was very good to me. Everywhere I went, profits followed. Everything I touched turned to gold. Even after I was retrenched in the 80s, I was riding high through the 90s. I reached the pinnacle of my career when I was appointed Director & Marketing Manager of a reputable company in Ipoh in the 90s. I was very faithful to my God, observed penance & served every year during the 'Nine Emperor God's' festival. I was also appointed caretaker of the Inner Chamber [Holy of Hollies] which I had to attend to twice daily.

But things took a turn for the worse 2 years after the priest of the temple passed away. My world started falling apart. Everything that could go wrong, went wrong. I lost half my retirement savings. I was on the verge of suffering a depression. My daily trips to the inner chamber became meaningless as I could no longer feel the peace & serenity, the presence of god there. I was on my knees twice daily in the inner chamber, confessing that I felt god had left that place & asking for a different avenue to continue to serve. This went on for over a year..... I can't remember how long.

Then one morning in June 2002, I was awakened from my sleep. The sky outside was still very dark. I tried to get back to sleep. When I was about to doze off, I felt or heard a voice telling me, "Go to Church, go to Church." I thought to myself, why go to church? I'm not a Christian. Go back to sleep.... and I did. But before I could doze off, this 'call' came again, "Go to Church, go to Church." This time, I thought to myself, the church is only 3 doors away from where I lived; ok lah, I'll go! I got up, the sky was still dark, showered, dressed up & trudged to CGMC. When I arrived at the car porch I could hear people singing inside. I thought I had missed the bus. I turned around to go home. As I was exiting the gate, I noticed 2 cars turning into the church. Thinking perhaps they were stragglers like me, I returned to the porch, waited for their appearance & asked them if I could still enter while the service was in progress. When they replied in the affirmative, I entered, filled up the guestbook & found a seat right at the back pew nearest the exit.

When Pastor Ashok announced, 'visitors & first timers please stand up...', I immediately responded. When the congregation turned to see who the guests were, I recognized many familiar faces whom I had not seen for ages. An immediate feeling of "I am home" came over me. After service, we caught up over tea at the KMH & I felt very much at home catching up with school mates & friends whom I had not met for years. From that Sunday on, I came to CGMC regularly & still took care of the Inner Chamber at the temple too. Five months later I gave up my duties at the temple & came full time to CGMC. My wife May followed me to CGMC sometime in October & we were baptized Easter 2003 after completing the foundation course. I found Jesus or Jesus found me at the lowest point in my life. I never realized God had answered my prayer for another avenue to serve Him, since I heard that 'calling' in June 2002, until many months later.

One week after baptism, we were given ushering duty on Sunday. When we showed up, our leader rejected us saying we were so new, what would we know?? What a joke. From then on we were involved in many ministries, officially & unofficially because we were busybodies & multi-taskers. We are now 18 year old Christians, having been shepherded by 4 pastors. I must admit that my Christian life has been a very challenging, disappointing & heart-breaking one. Because of our concern & willingness to serve, we were involved in many activities. In so doing, we were accused of many things, all of which were untrue. It was very difficult to be a do-gooder. We were heart-broken many times. Many times I had wanted to throw in the towel & just become a Sunday Christian. But the love of God kept us coming back. You see, I am one who will not allow a mistake to carry on; I must correct it. I cannot stand injustice, I must speak up; I promote accountability & transparency [lacking in some areas]; and I strive for maximum productivity at minimum cost. These got me into trouble because I spoke too much.

I experienced church politics, jealousy & envy & hypocrisy while serving as the administrator for a short while; everything I had least expected in the house of God. Owing to my training & exposure, I was principled, kind but firm, stood for justice & fair play & I believed that respect must be earned. But God is good. Over the years, He has impressed upon me many changes I need to make in my Christian lifestyle. There's this saying, "Yesterday I was smart, I tried to change the world. Today I am wise, I changed myself." My wife was okay, she had no problems, she was like a piece of soft dough, mould her any which way you want.

Indeed, God is good. By His grace, today I am a very happy & contented man. May & I live each day overflowing with gratitude & thanksgiving; ready & willing to serve & give of what little we still have left. I still speak up on things which should not be, accompanied by a solution always; and then I let it be. I do not try to be right anymore. I leave it to the leaders because I have learnt that "A Religious person will do whatever he is told... no matter if it is right, but a Spiritual person will do what is right, no matter what he is told." I have also come to the realization that religion is man-made. Spirituality is from God because God is Spirit & there is only one. Anyone who believes in God should live our lives based on these four pillars of Spirituality. The rest is history.

- LOVE GOD with all our hearts & soul.
- LOVE OTHERS as God loves us.
- IN EVERYTHING, put the interest of others before self.
- SHARE this Truth & Privilege to the ends of the earth.

I do try, God knows I do. Shalom.

ALL GLORY TO GOD.



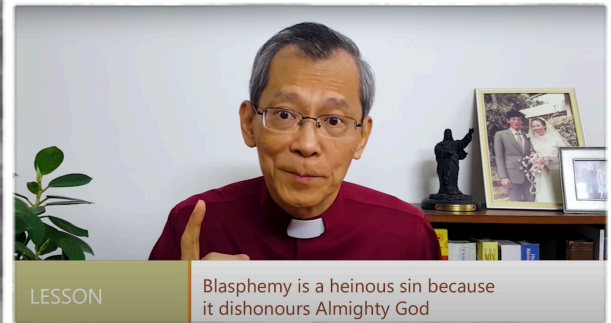
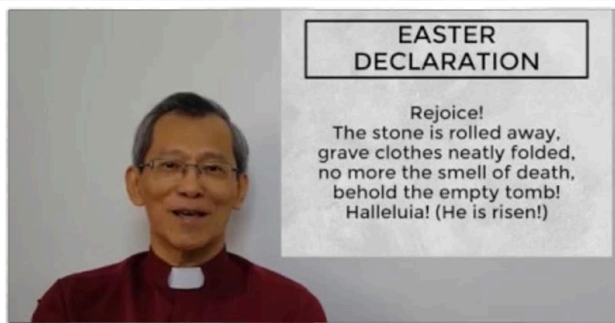
CGMC's journey during the MCO

Ps Andrew Tan

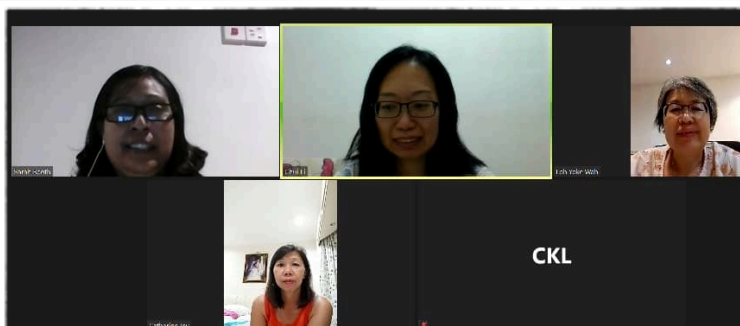
When the Prime Minister announced on the 16th March that MCO will be implemented on 18th March, we did not know what to expect. Since then, we have been through MCO, then Conditional MCO, and now Recovery MCO. It has been more than 12 weeks. What did we go through as a Church?

First, our worship services went online. The Multi-media Team (MMT) was set up when it appeared that Covid-19 may not allow us to come together in a physical church service. A week before the MCO was implemented, we put up the first online worship service for those who chose not to come to the physical church service. We must thank our MMT for the very hard work they have put in voluntarily all these three months.

Meanwhile, for those of us who were preachers, liturgists, and worship leaders and enablers, we had to do videoing by ourselves at home to put up each week's online worship service. It was not easy having to preach to my handphone camera! But I slowly got used to it. If you had been watching the videos week by week, you would have noticed the steady improvement both the presenter and the MMT made over the weeks.



Second, our Cell Group (CG) meetings went online. We had to quickly switch to using online vehicles such as Zoom, Skype, Microsoft Team, Whatsapp video, voice and typing words, to meet. By about the 4th week, about half of our CG were meeting, by about the 6th week two-thirds, and by the 8th week, all but 3 CG were meeting. Then by the 11th week every CG was meeting.



The Zone Leaders (ZL) met weekly for the first month to monitor what was happening to all our CG. We shared, we prayed and we encouraged the CG to meet. We encouraged the Cell Leaders (CL) to call their members to help them get to the online services and the CG meetings. I called those members whom I knew were not in any CG at all to get them into the online services. Meanwhile, a few personnel from the MMT taught the CL and a few other individuals how to use Zoom, and answered questions arising from the many issues related to its use and security.

Third, the church leaders met online more frequently. The ZL met weekly, then fortnightly, then monthly where we used to meet bi-monthly. The CL and CL interns met monthly where we met bi-monthly. The LCEC met online as scheduled, but we also used Whatsapp to make decision on the Disaster Relief Fund. The PCT met frequently at the beginning of the MCO. We made the proposal for the Disaster Relief fund to be utilized for a) Food parcel distribution, b) which includes Lighthouse Hope, and c) financial aid to our members whose jobs are affected. Meanwhile other Committees especially the sub-committees within the MMT were also meeting.

Before the MCO our Administrator, Ms. Tang Sai Lin, had sent in her resignation letter. The PPRC then had already recommended Ms Christina Wong to fill in the position of the Administrator, and the LCEC at the March meeting accepted the recommendation, and also agreed to advertise for the post of the Admin. Assistant. The PPRC then met to interview online the applicants of the Admin. Assistant position. Ms Liza Choong is now hired to be the Admin. Assistant to take over the place of Ms Christina Wong.

Fourth, other regular church meetings also went online. The 2:7 Navigators' Bible study was conducted online in May. The Bible study conducted by Ms Lam Wye Ming was voice recorded and sent to those who wanted to listen to the Bible explanation chapter by chapter. The Morning Watch was started on 16th May. We are having better attendance then during our physical Morning Watch. The Sit-down Exercise (SDE) was also started, and soon overshot the 100 Zoom limit. They have since shifted to VooV which can cater up to 300 log-ins.

Fifth, I started writing my daily devotion from 20th April 2020. The purpose was for me to connect with the members during this MCO when we cannot meet together. The first weekend of June, immediately after the online services, I scheduled "Hangout with Pastor Andrew" to connect with church members in an informal chit-chat. This was meant to be a once-a-month schedule during the MCO (or until it runs out of its usefulness).

When the physical worship service is able to be carried out, we may still have restrictions because of social distancing, vulnerabilities and fears. We are allowed to have one-third of our seating capacities, which means that we are unable to cater to all our members. So, we will still have to be online for our worship service for a while more. We need to adapt to the "new normals."

When MCO was announced on 16th March, the question in the minds of the Sunday School Teachers was how do we keep in touch with our kids. We decided to send them some kids church online videos to watch each week together with a simple Take Home Challenge that kids could send back so that we could gauge whether the kids were watching the video or not.

This year I was given a Std 5 cell of 6 girls. When I sent the videos and questions individually to them, only 1 girl responded. I was disappointed and asked God for ways to connect with the other girls. Most of the numbers I had were that of the mothers' HPs and 2 girls had gone to stay with their grandparents. As I probed more, one mum then sent her spare phone to her daughter in her parent's home. Another mum gave me her daughter's direct phone number; later I even got her grandma's HP number so that grandma could make sure she viewed the video and answered the questions. I also found out that one of the moms worked outstation and could not pass the videos on to her daughter. No wonder the silence was deafening.

I wanted to do something for Easter and was elated when Anna sent out the Easter Photo Scavenger Hunt. For 6 consecutive days, the kids had to read a bible passage about the last week of Jesus leading to his death and resurrection. They also had to do an activity related to what they had read, take a photo and post it to their teacher.

I thought this fun and doable activity was a chance to get my girls involved. I posted the EPSH on the group chat and encouraged everyone to participate. I decided to participate too. I got the props for Day 1 (Palm Sunday) ready, positioned myself sitting on a soft toy and made my husband take a photo! He thought I was crazy! I then I posted it on the group chat and challenged the girls to send in their photos. Wow! My heart skipped a beat as the photos started to come in from everyone except one girl who was quite new to Sunday School.



Day 2 was about the Last Supper and the challenge was to snap a photo of yourself with your favourite snack! A bright idea popped in my mind. I posted a photo of an array of yummy snacks and messaged the girls that when they posted their photo they could choose one of those snacks. I also messaged the new girl which snack she would like and lo and behold, she posted 3 days' photos at one go! I praise God that all the 6 girls in my cell took part in the EPSH and in the process, I got to connect and get to know them better.

I also posted the EPSH to mothers of other kids in our Sunday School (from non-Christian families) whom I know personally and encouraged them to get their kids to take part. I also sent the EPSH to the mom of a kid who had stopped coming to Sunday School this year because of Wushu class. Praise God, his mom not only sent the 6 photos of her son taking part in the activities but also a video recording of both him and his older brother reading the bible passages together!

We give thanks to God for the 40 over kids who took part in the EPSH! Our prayer for each child and their family is that the Easter message from the daily bible passages they read will be seeds of the gospel sown in their hearts that will bear fruit in God's good time. We also praise God for the opportunities the EPSH opened up for our teachers to connect with some of their kids and especially with those from non-Christian families.

JESUS SAID,
"Let the little children come to me ...
to them belongs the kingdom of heaven."
Matthew 19:14



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Matthew 19:14

May 2020



he ...
heaven."



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Matthew 19:14



JKC during MCO

Lim Kim Bee

Oh how I miss all the kids at JUNIOR KIDS CHURCH (JKC) since the lockdown on March 18. The team had just finished organising games for the children and, in view of the Covid-19 situation, we took precautions to sanitize the hands of all the kids who came in. After the games, there was finger food, cake and ice cream. Also with hygiene in mind, teachers served the food instead of doing buffet style.

And on that day, after all the kids had left, we had a simple lunch for teachers – nasi lemak, fried beehoon and kuih. And it was fun!!!

Sometimes, I wonder when are we going back for JKC? I really miss all the Sunday mornings when the teachers, young and senior, started trickling in. The teachers will set up the chapel for ministry before we gathered to pray.

Then the kids would start to arrive with their daddies and mummies. Our oldest kid is 6 and the youngest is a toddler. We would get them to sanitise their hands and all those who came early got an early bird sticker.

Even as early as March, all teachers did social distancing. We told the kids to high-five in the air to avoid any form of contact.

And I also miss all the teachers. I missed seeing all the teachers (the seniors and the youth) and their joyful faces as they came in to serve God in JKC. Some of us will also go out for lunch after we had cleaned up and stored away everything. Anybody who was free could join in.

So right now, we still keep in touch with the kids and the parents through our parents' chat group. Children's birthdays are celebrated with greetings to the particular child. And the teachers also stay in touch with one another through our birthday greetings chat group.

So until we come back together for ministry once again, pray for all our teachers and children. Pray for safety and good health.

Joshua misses JKC...

Candy Lo

THANK YOU JUNIOR KIDS CHURCH (JKC)



I (Joshua Lim Jun Huang) miss JKC church, but I know my parents are in the JKC group chat.

Many thanks to teachers who always show kindness and care.

Teacher Priscilla sent some useful learning fun link my daddy & mummy can do with me at home.

I thank God that technology still let me connect to JKC.

I miss all my friends but I know God will make JKC open very soon.

See you, Jesus loves you.

JKC HAS STOLEN JOSHUA'S HEART



TO GRIEF IS HUMAN

Ching Ai Yoon (CG4)

As our nation and many other nations around us are confined to our homes, I am reminded of an unfinished piece of writing that I should have completed a while ago. I'm not a person who is good with words. In all honesty, I attended the Grief Counseling Seminar hoping to learn a few things about what to say or what not to say to a person who is grieving. However, this seminar served as an eye opener for me. Grief is a broad topic. I've come to realize that we all grieve due to loss, albeit in different intensities and capacities. One could lose a tooth in childhood, lose a friend who went overseas to study, lose a job, lose independence, or lose a spouse. Right now, as we sit out this Movement Restriction Order, some of us may equate the temporary restriction as a loss of freedom.

Grief is hard, but it is also normal. Grief is a normal, predictable reaction to losses. Every person does this hard work differently. There is no set timetable for grief. And it requires the expenditure of both physical and emotional energy. When a person loses his wallet, for example, the loss of its contents would impede the person in many ways unless he goes through the process of making a police report and reapplying for a new IC and various cards. Likewise, the way out of grief is to go through it, and to process what happened. There is no easy way around it.

There's a need to accept and respond to a loss

Sister Anna shared a story about a rabbit. Her daughter Caryn had a pet white rabbit when she was about 8 years old. Caryn loved her rabbit and would spend much of her free time playing with it. One day, Caryn found her rabbit's leg had gotten stuck in the cage and was hurt. At the vet's clinic, Caryn was told that her rabbit's leg could not be saved. There were two options for white rabbit: to have its leg amputated, or to put it to sleep. After much thought and consideration, the latter option was decided upon as Caryn thought it would be more humane to do so.

When the body of white rabbit was brought back home the following day, Sister Anna placed it in a shoebox and started to dig a hole in the ground for rabbit to be buried. Then little Caryn began to cry. So both mom and daughter went into the house, sat down and cried together. Sister Anna had effectively helped Caryn, in her tender age, to acknowledge, understand and respond to her loss. She was allowed to feel the pain and process her grief by talking and crying with mom.

We need to accept loss in order to begin the healing process. Ignoring our losses will not change the emotional experience implanted in our hearts and minds. It is better to process them because if we don't, we carry the burden of unfinished business with us throughout life.

Saying goodbye

Every loss in life needs the recognition that a connection is broken and life will be different. When a person says goodbye, particularly to an important and close person like a spouse or a child, he acknowledges his sense of loss that he is no longer going to share his life with whoever he lost. It helps him realize that this person is gone physically. There is a sense of closure, which helps bring back some feelings of control over his life.

Effective grief work is not done alone

We may think that it's best to give those who are grieving some space or time alone for fear of interrupting them as they mourn. We may be afraid of saying the wrong thing. Or we may be afraid of causing a griever to cry and not knowing what to do to offer comfort. But this is the time when those who are grieving need support and presence.

Two of my personal grief episodes came to mind during the seminar: a job loss and a miscarriage. What stood out during both the episodes was the support of family, CG family, Pastor Thomas (who was then pastoring CGMC) and Sister Siew Yi, and friends who encouraged, advised and held me in prayers, as well as in tangible ways like hospital visits and delivery of food.

The Bible and grief

Grieving is difficult and most people tend to avoid it at all costs. Society tends to overlook losses, fails to identify them and avoids the greatest loss in life – death. The Bible encourages us otherwise: God responds to our grief by *recording* our tears (Ps 56:8), by *sympathizing* with our weakness (Heb 4:15-16) and eventually *ending our grief* (Is 65:19; Rev 21:4). The Bible dignifies grief by presenting it as a God-given, therapeutic response to loss. We can identify with Job, David, Naomi and many others in the Bible who experienced loss and grieve. Even Jesus mourned at Lazarus' death.

Helping those who grief

Be careful with our communication

Don't minimize their pain with comments: "It's probably for the best." "You're young, you can always have another one." "You know God is in control". These don't acknowledge their pain and loss. Instead, say "It must be very hard for you." "I wish I could take the hurt away." These acknowledge their pain and say it's okay to feel that way.

Don't claim you understand by saying: "I understand." "Everything will be alright." Say, "I have not been through what you're facing, but I want you to know I care about you and will support you through the difficult time ahead."

Don't tell them what to feel: "You shouldn't feel that way." No one can tell another person what to feel or not to feel. They should be encouraged to talk and share their feelings, and be supported.

Omit "Should" and "If Only": "You should have more faith." "If only you had watched him more carefully." Allow them to make the decisions and take the necessary steps to deal with the trauma.

Be available

Continue to keep in touch for months and especially at the critical times (anniversaries, special occasions or holidays), letting them know you're praying for them. Ask how they're doing and send thoughtful notes and encouraging words.

Offer specific and practical help. Instead of saying: "Is there anything I can do to help?" try asking: "I'm on my way to the market. What can I pick up for you?" or "I've made a roast chicken, when can I bring you some?" Often a person in a crisis can't decide what he needs. Besides, he probably doesn't want to impose or fears being a burden to others.

Be patient

Don't put a timetable on a hurting friend's recovery. "This is behind you now; it's time to get on with your life." Your inference that they should be their old self by now only hinders their progress. Moving on is much easier said than done. Everyone is different and recovery varies. Allow them all the time they need to deal effectively with all the phases of their grief.

Grief is part of being human. Loss is a necessary and normal part of life, and grief is a natural response to loss. But because of our hope in Christ, we know that He is available to give us His comfort and peace, carry our burdens and see us through.

耶利米看待新冠：干旱与青翠

~ 方玉玲

耶利米书 17:8

他必像树栽于水旁，在河边扎根。炎热来到并不惧怕，叶子仍必青翠；在干旱之年毫无挂虑，而且结果不止。



在3月25日，首相丹斯里慕尤丁针对新冠肺炎发表特别致辞，线上直播宣布延长两个星期行动管制令至四月十四日，兹定制实施制裁以应对疫情燃眉之急。在这期间，一方面严谨管治令加强防范措施，另一方面安抚平民百姓大马拥有足够的日常用品，因此不要过度慌张囤货；无论国防部队或医护人士都谨守岗位，丝毫不敢松懈。百姓被限令乖乖呆在家，禁止外出以免染上祸患。大马上下一心对抗新冠，齐心协力回避新冠。

迄今新闻时事报道，宣告180个国家全面沦陷。每天确诊感染人数不断增加，导致人人对这百年病毒闻声色变吓得浑身悚然！竟然微不足道新冠病毒的杀伤力高过原子核弹。

新版本耶利米，哀歌瘟疫处处，
世界沦陷流感，流感称为新冠，
新冠肆虐全球，全球陷入混乱，
混乱拉垮经济，经济主轴停顿，

停顿一切活动，停顿上班下班，
各国四面楚歌，各国楚河汉界，
时间犹如倒流，地球旋转依然，
人类自求多福，隔离困在家中，
唯独仰望上苍，上苍即时介入。

人生走到尽头，处境陷入一片混乱。疫情突发超出人的掌控，快要崩溃无法走下去时往往倾向宗教信仰方面寻求支撑力量，主动寻找神的大能神的拯救；人到尽头，走投无路，临崖勒马的那一刻，很自然的归向天上的阿爸天父，我们慈爱的阿拉法，俄梅戛，是昔在、今在、以後永在的全能者 – “神” 寻找出路。

疫情当前，我们更要亲近神，捉紧信仰真理，信心称义度过新冠难关，说不定奇迹尽在其中！耶利米书记载先知智慧的经文，对两种不同生命提出明显的对照：一种是信仰的生命，依靠上帝的方法；另一种生命是我们大多数人想要的就是依靠自己的聪明才智，为世界的方法下赌注。耶利米说有信仰的人像树栽于水边在河边扎根；没有信仰的人则像酷热沙漠中枯萎的灌木丛，在焦乾无水的荒地里奋力求生存。

很讽刺的是，福音与我们的常识正好相反，耶利米也告诉我们在人类眼中以为是生命的，其实却是致命的沙漠。而看似荒野的信仰道路，信靠上帝的应许才真的是清翠的喜乐田。- 凡是信靠，逆境更要信靠神！

耶利米要我们再次听上帝的福音，对那些徘徊在沙漠，野地的人来说上帝是怜悯的绿洲。对生活受煎熬的人，上帝是提供休息和复原的阴凉处。对那些找不到生命意义而麻木的人和处于生命危险，上帝是活水泉，是让干地变成生命田的雨水。

借此耶利米先知的劝勉，典故犹大拜偶像触犯了神，神离弃犹大作为借镜，不要再犯同个错误；呼吁全民痛心悔改所犯的过错，下定决心归向神并且舍弃各式各样偶像或自以为是安逸舒适生活，把神基于首位，蒙神喜悦的仆人，做个合神心意的好管家！

耶利米書 17:8

我听见以法莲为自己悲叹说：‘你责罚我，我便受责罚，像不惯负轭的牛犊一样。求你使我回转，我便回转，因为你是耶和华我的神。’

别无他神，唯有真诚敬虔敬拜又真又活的真神。耶和华有能力扭转乾坤将坏的变好，将好的变坏。将干旱变青翠，只要我们即时赶紧悔改归向神，神的灵光依然普照我们，赦免我们，驱赶瘟疫阻止病毒消灭新冠！祈求神怜悯持续降下甘霖，滋润大地。保守全民百姓安然度过这场突如其来的疫情。

心有灵犀，一点通！
同工方玉玲姐妹

MCO might not be a great news, but it is a very very rare scene for everyone in this entire world.

MCO for me, I rename it to - Meet Christ Often (MCO)

Our "FamiLim" (we are the Lims :-))

God enabled us to set up our "family prayer altar" in the morning which never happened before. Previously we couldn't do so as often, because Daddy Brandon would be out for work as early as 8am, and Joshua, our 5 year old son would wake up only at 10am. During the MCO, we were able to wake up and spend great time having meals together and chatting, laughing, doing our devotion, worshipping, and doing crazy dances together.

Nonetheless, we've had days which haven been not as good, we've had conflicts, irritations and cold moments. However, as we have to be under the same shelter for 24 hours, we have made it intentional to say sorry to each other, and uphold each other in prayer. We have also surrendered all our troubles to God. Group hugs as sign of reconciliation are our favourite!

God has been so good to us, we have had enough and even a surplus of food on the table. God always reminds me to give all the 2 loaves and 5 fishes to Him and He will multiply them.

God even showed His supernatural power by supplying us with extraordinary income, He increased my business income by 10 fold during the Easter month. I was so glad that i was being invited to do zoom sharing in honouring and declaring His love and provision for my family.



We love to do all things together under one roof, knowing and understanding each other more. We worship, partake Holy Communion online, and even watch spiritual videos online together. We cut off sensual music and arts; replacing it with doing all silly things together just to enjoy each other's presence as God created us as His beloved. We embraced one another's strength and weaknesses openly as "FamiLim".

My testimony ~ God is Good

Cheng Hon Keong (CG 25)

At the end of last year my spirit was so down, discouraged and disappointed with something which happened in my workplace. It affected me so badly that I took my frustration out on my wife and daughter. I even went back to the old bad habits. I lost my passion in singing and I stopped leading worship in Kid's church and weekend services.

I sought help from my mentor who met up with me regularly. He guided me for about 3 months and then MCO came unexpectedly. I thought I was not going to make it through or would even fall back again but lo and behold, my mentor and many brothers and sisters in Christ continued to text me and encourage me.

During MCO, I have slowly developed a consistent quiet time with the Lord. His presence is so real to me as I earnestly seek Him. I communicate with Him through prayer every day. In His words, He healed and comforted me. He affirmed me that I am His beloved child. He also pointed out some areas in my life that I need to let go. Now I've learned to obey and submit to His will more.

One day I was listening to worship songs and my passion for singing just ignited again. I was filled with joy and peace. In the same week, I was invited by Candy from CG21 to host a Facebook live broadcast named "Just Sing For Him". I accepted by faith for I have regained the joy of worshipping the Lord! Praise the Lord!



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Trusting in God All the Time

Sum Kwan Ho

God is working actively at all times, before and during MCO. Covid-19 dropped like an atomic bomb before the end of Year 2019. Since then, it has spread like wildfire throughout the globe. Many countries took it lightly at the beginning. As the situation turned worse, many governments pressed the panic buttons, locked down cities, etc. Through this big storm in human history, I have learnt to appreciate many things. They have shaped my life in a special way. God's mighty hand is working so closely in my life. God is good all the time. Praise be to the Lord, for He showed me the wonders of His love when I was in a city under siege. (Psalm 31:21)

Covid-19 and MCO have kept me very disciplined in my time of devotion, God has been guiding me and blessing me. On a normal day, I spend 15min to 30min reading the Bible and then rush off to work. During the MCO, there is no need to send my children to school. I can spend 1 to 2 hours on His Word every morning. The Holy Spirit dwells in my heart. It is His Word that keeps me going to face this difficult time. Hallelujah!

God has been preparing me all the while. His hand has been holding me and helping me sail through the pandemic. He guided me and led me to move our Nepalese hostel to a very strategic spot that enable all our workers to go to work without the hassle of going through the roadblock. This happened in January 2020 before the Chinese New Year when I relocated the workers to the new hostel.

Just before Chinese New Year, God's hand led me to take over the factory lot that is just next to our factory. With that, I could stop renting a lot that was some distance away. This solved some problems for us. During the MCO, our containers of goods got stuck at Port Klang. When the government suddenly announced that we had 3 days to clear the cargoes at Port Klang, our forwarder sent 5 containers within 2 days. In the past, we could only receive 1 container at a time. God's plan which gave us the new factory lot enabled us to receive 5 containers at one go which we wouldn't have been able to do in the past. Praise the Lord that He made all this happen and we were able to operate without problem. Hallelujah! God is Sovereign over every single thing on earth. The only thing I need to do is to put my trust in Him.

The Lord spoke very clearly into my heart. In time of worries and anxieties creeping into my heart, God's word comforted me. I had lost sleep during MCO2. One evening during MCO2, one of my workers passed away very suddenly. Could it be Covid-19? If so, I had a high possibility of infection as I last met him 3 days before. What about my wife and my daughter? To make thing worse, the same evening, I received news from my second son who was doing temporary work after graduation. He had been terminated due to the Covid-19 situation in the U.S. My heart sank because I was thinking that he must be very sad. How was I to bring him back at the peak of the virus infection? How long could he live on without a job there? I couldn't sleep although I tried closing my eyes. My mind was racing and my heart pounding.

It was God's Word that I turned to for comfort and I surrendered the whole situation to Him. Praise the Lord that all things went well. Although my worker died, it was due to a heart problem caused by potassium deficiency in his body, not Covid-19. As for my second son, he was ok and he had enough money to stay for longer period. I know that God's sovereign hand was in control. Praise the Lord.

Almighty God, I thank You for protecting me and my family as well as all my workers and CG families against the coronavirus infection. I thank God for taking the fear away from my heart and refilling it with love, joy, peace and hope. God is so wonderful.

God the Almighty, You are the source of joy and strength for me. During MCO, God's hand has been upon me through wonderful ways and connections via sister Ann and President. God enabled me to use the resources that He blessed me with i.e. the lorries and drivers who can move around to help in distributing vegetables from Cameron Highlands to different churches in KL, Kota Bahru, Sitiawan and Penang as well as to our own Lighthouse. It has truly been a great joy and the work has been wonderful. I thank God for the zero disruption to our lorries by road blocks throughout the MCO. Praise the Lord.

Lord, You are our Rock of Salvation and You are a Tower of refuge, You are my fortress that no enemy can defeat. I want to live in You and live for You forever and ever.

Your favour, O Lord, made me as secure as a mountain. Then You turned away from me, and I was shattered. (Psalm 30:7)

[illegible]

To all our wonderful,
dedicated, Godly
FATHERS

OUR MISSION STATEMENT

To **DISCIPLE** every member into Christian maturity and to be effective in the service of God.

To **EVANGELIZE** the city of Ipoh and to set up congregations in strategic areas.

To **TOUCH** a needy community with God's transforming love and justice.

To **SEND** Christian workers into the harvest fields and to be involved in missions.